

## **20 Tips in an Emergency Situation**

Considering both Global & Local situations we thought it would be helpful to highlight some helpful hints to be better prepared for situations beyond your control.

Whether the situation is loss of Water, loss of electricity, or extreme temperatures. Consider the following:

1. Be prepared with bottled water readily available.
2. Be prepared with safe and reliable auxiliary heating devices.
3. Ensure your insurance is in force and will cover damages incurred by emergency.
4. Have a battery operated handheld radio for news and updates.
5. Have a battery-operated flashlight & candles available. Remember to blow candles out before bed.
6. Have plenty of batteries depending on the length of the emergency.
7. When power is available, charge your laptop, this can be utilized to charge cell phones, etc.
8. When water is available fill your bathtub for water usage when power is not available.
9. Snow and rainwater can be collected to flush toilets.
10. Set your faucets to a steady cold water drip to prevent pipes from bursting. Remember hot & boiling water freezes faster than cold, so always drip cold water through your faucets.
11. Remember to leave vanities/sinks in an open position to allow heat to circulate.
12. Designate one room as the “warm room” & keep the door to this room closed.
13. Make sure to have wool blankets & clothes. Army surplus offers great blankets for extreme weather conditions. Silk long underwear provides great warmth under clothes.
14. Take out old clothes/blankets and layer between the window glass and screens or the inside of the window and some cardboard if you have it. This creates a sort of insulation, glass is where you lose the most room heat.
15. Layer yourself as well! Make sure to wear a hat as you lose most of your body heat through your head. It is better to sweat under multiple layers than to not have them!
16. If you can, push your bed to the center of the room. The further it is from the walls, the better.
17. Take rolled blankets/towels and block door and window gaps. This helps insulate as well.
18. For perishable food items in lower temperatures, place them in a trash bag and place outside with a layer of snow around.
19. Should you have to leave and are worried about your freezer and fridge items going bad, place a cup of shaved ice or snow in the freezer with a quarter on top. Once you return you can identify how warm your items were exposed to and for how long.
20. Don't forget your furry friends! You can put socks on their feet and/or clothing you have that fits them.